

IMPACT

I **M**ust **P**ersonally **A**cknowledge **C**hrist **T**oday
Trust in the LORD with all your heart, And lean not on your own under-
standing; *in all your ways acknowledge Him* and He shall direct your path.
Proverbs 3:5-6

Passage: Psalm 146:1-10 “Praise the **LORD!** Praise the LORD, O my soul! While I live I will praise the LORD; I will sing praises to my **God** while I have my being. *Do not put your trust in princes, Nor in a son of man, in whom there is no help.* His spirit departs, he returns to his earth; In that very day his plans perish. Happy is he who has the God of Jacob for his help, **Whose hope is in the LORD his God,** Who made heaven and earth, The sea, and all that is in them; Who keeps truth forever, Who executes justice for the oppressed, Who gives food to the hungry. The LORD gives freedom to the prisoners. The LORD opens the eyes of the blind; The LORD raises those who are bowed down; The LORD loves the righteous. The LORD watches over the strangers; He relieves the fatherless and widow; But the way of the wicked He turns upside down. The LORD shall reign forever—Your God, O Zion, to all generations. Praise the LORD!”

Quote: “When we praise God let us arouse our innermost self, our central life: we have but one soul, and if it be saved from eternal wrath, it is bound to praise its Savior. Come heart, mind, thought! Come my whole being, my soul, my all, be all on flame with joyful adoration!” Charles Spurgeon

A determined exaltation of his Creator-God. “Praise the LORD! Praise the LORD, O my soul! While I live I will praise the LORD.” “The motion of our praise must be like the motion of our pulse, which beats as long as life lasts.”¹ The Psalmist admonishes himself to offer praise to the LORD (Jehovah), the covenant name for God Who is the eternal, independent, self-existent, all-knowing, all-powerful, everywhere-present, sovereign Creator, Sustainer and Orchestrator of all things. Jehovah has always been “I AM WHO I AM,” “the One Who is/will be.”² Our proper response to Him is to fall down in reverent worshipful fear. The Jews held this name Jehovah in such reverence that they often substituted Adonai in its place. “Adonai means the supreme Lord, the Lord of all. This word stresses the sovereignty of God as All-ruler”³

A dutiful enterprise for time and for eternity— “I will sing praises to my **God** while I have my being.” The

Psalmist uses the name Elohim for God which ‘means ‘Strength’ or ‘Power.’ He is transcendent, mighty and strong. Elohim is the great name of God, displaying His supreme power, sovereignty, and faithfulness in His covenant relationship with us.”⁴ He is worthy of far more than our greatest attempts at praise. In Psalm 8, David exclaimed, “O LORD, our Lord, *How excellent is Your name in all the earth,* Who have set Your glory above the heavens!” In Psalm 113 we read, “Praise the LORD! Praise, O servants of the LORD, Praise the name of the LORD! Blessed be the name of the LORD From this time forth and forevermore! From the rising of the sun to its going down The LORD’S name is to be praised. The LORD is high above all nations, His glory above the heavens. Who is like the LORD our God, Who dwells on high, Who humbles Himself to behold The things that are in the heavens and in the earth?”

A delightful expectation of present and promised blessings based upon the faithfulness of God— The hope of the truly happy person is in the LORD his God and not

Praise the LORD, O my soul!

in mankind. “All men are like the few who are made into princes—they are more in appearance than

in reality, more in promising than in performing, more apt to help themselves than to help others. How many have turned away heart-sick from men on whom they once relied! Never was this the case with a believer in the Lord!⁵ “The Lord will never permit his promise to fail. He is true to his own nature, true to the relationships which he has assumed, true to his covenant, true to his Word, true to his Son. He keeps true, and is the keeper of all that is true. The LORD raises those who are bowed down. Jehovah consoles the bereaved, cheers the defeated, solaces the despondent, comforts the despairing. Let those who are bowed to the ground appeal to him, and he will speedily upraise them.”⁵

A declared endless supremacy—“*The LORD shall reign forever—Your God, O Zion, to all generations. Praise the LORD!*” That truth is the source of our assurance and the theme of our praise! *Halleluiah!*

1 Thomas Watson 2 John MacArthur 3 R.C. Sproul 4 Navigators
5 Charles Spurgeon